**Adaptability:** Adaptability skills are skills that you can use to adapt to new situations and change your plans when needed. This has got to do with been a strategic thinker and been open minded to any new situations that might come your way. For example I relocated from Nigeria to Canada to further my education, I had to adapt to the new environment, the weather, the timing and also the teaching format in bow valley.

Been adaptable means that:

1. **You can think critically:** Been a critical thinker means that you have the ability to take a look at situation, been calculative, you weigh the pro and the cons before providing a possible solution.
2. **The eagerness to learn:** This has got to do with learning new things, paying more attention to details, the more you learn the more you acquire more knowledge and stay informed.
3. **Openminded collaboration:** This is the ability for you tobe able to work with your fellow team members/course mate in your place of work and in school, with openminded collaboration you would be able to communicate effectively with how to carry out your day-to-day activities.
4. **Been able to accept feedback whether good or bad**: Been able to accept feedback helps you know whether you are on track or not, it’s helps you be a better person in your academics and in your job.

Adaptability skills are important because changes can happen at any point in time, changes can happen in your place of work and can also happen in your place of studies.

Adaptability skills are also important because they aid in one’s decision making and help you make plans on how to achieve your goals.

Once you have adaptability skills you can face any new challenge you encounter and been able to conquer them.